



Trans Youth Town Hall Part 2: HEALTH & SAFETY

Discussion Questions

1. We just heard some examples of how embracing one's transness has enriched peoples' relationships, which disrupts the overarching narrative that coming out as trans is harmful. What are some other common misconceptions we've heard about trans people? Where do they come from, and who or what disproves them?
2. Conversations about trans people often fixate on their bodies or medical transitions. Where does this stem from? In what ways can it be harmful or limiting?
3. What are some ways trans and gender non-conforming youth are able to grow and thrive when they are affirmed and supported? How can we all foster that support?
4. Trans people have always existed and will continue to exist. Once that truth is universally accepted, what is possible?

Additional Resources

[Trans Lifeline](#)

Grassroots nonprofit offering financial support for trans folks through microgrants and peer crisis support via phone hotlines (in the U.S., call 877-565-8860)

[Transgender Law Center \(TLC\)](#)

Trans-led organization advocating for the self-determination of all people through policy change

[Gender Spectrum](#)

Educational resources for parents, professionals, and queer and trans youth

[LGBTQ Family Acceptance](#)

Educational resources for parents and family members of LGBTQ youth

*If you or someone you know are trans and struggling, call **Trans Lifeline** 24/7 at 877-565-8860. They are a free, confidential hotline run by and for trans people, offering a range of services and support. Members of the LGBTQ+ community can also call **The Trevor Project**, whose trained crisis counselors are available 24/7 at 1-866-488-7386, via chat [TheTrevorProject.org/Get-Help](https://www.thetrevorproject.org/Get-Help), or by texting 678678.*