

Mental Health Resources/Hotlines

GLBT National Youth Talkline

(800) 246-7743

www.glbthotline.org

National Coalition of Anti-Violence Programs

(212) 714-1141 (English/Spanish)

www.avp.org/ncavp

National Suicide Prevention Hotline

1-800-273-8255

www.suicidepreventionlifeline.org

Crisis Text Line

Text HOME to 741741

www.crisistextline.org

Trans Lifeline

(877) 565-8860

www.translifeline.org

DeHQ: LGBTQ+ Helpline for South Asians

(908) 367-3374

www.deqh.org

Trevor Lifeline/Text

1-866-488-7386

Text START to 678-678

www.thetrevorproject.org/get-help