



BREAKING THE NORMS

AN ALL INCLUSIVE
COLORING BOOK

VOLUME ONE

SPECTRUM

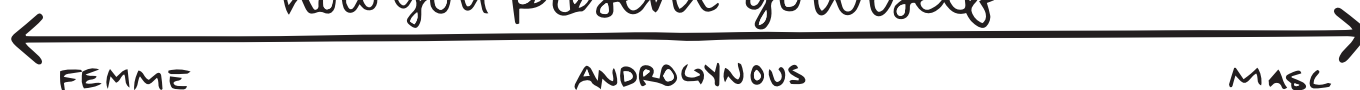
GENDER IDENTITY

how you feel on the inside



GENDER EXPRESSION

how you present yourself



BIOLOGICAL SEX

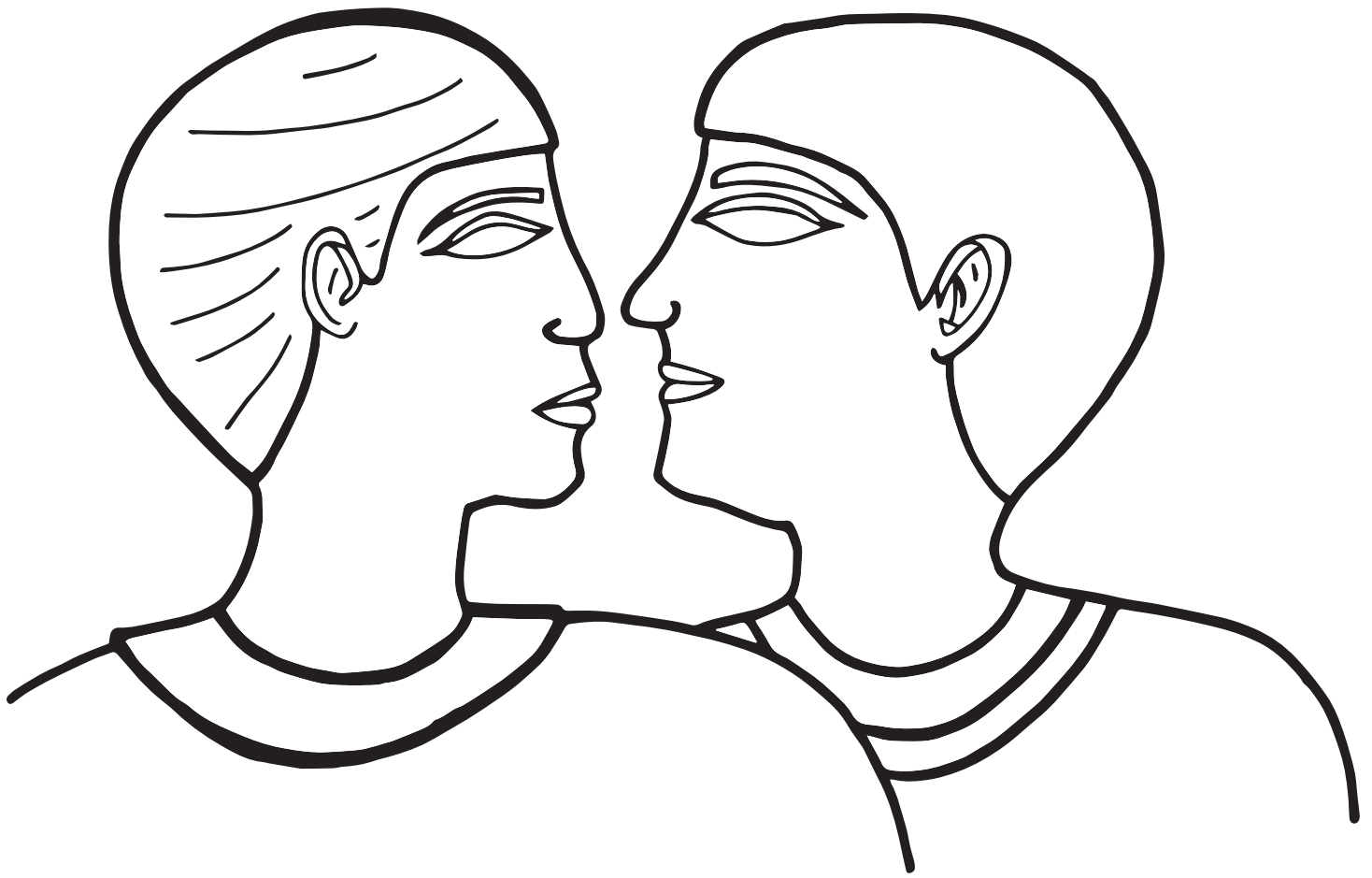
what you're assigned at birth



SEXUAL ORIENTATION

who you like





KHNUMHOTEP &
NIANKHKNUM

☐ Egyptian royal servants thought to be the first documented gays. They held hands, embraced each other, & were buried together.

"Pies, ¿Para qué los
quiero si tengo alas
para volar?"

Frida
Kahlo

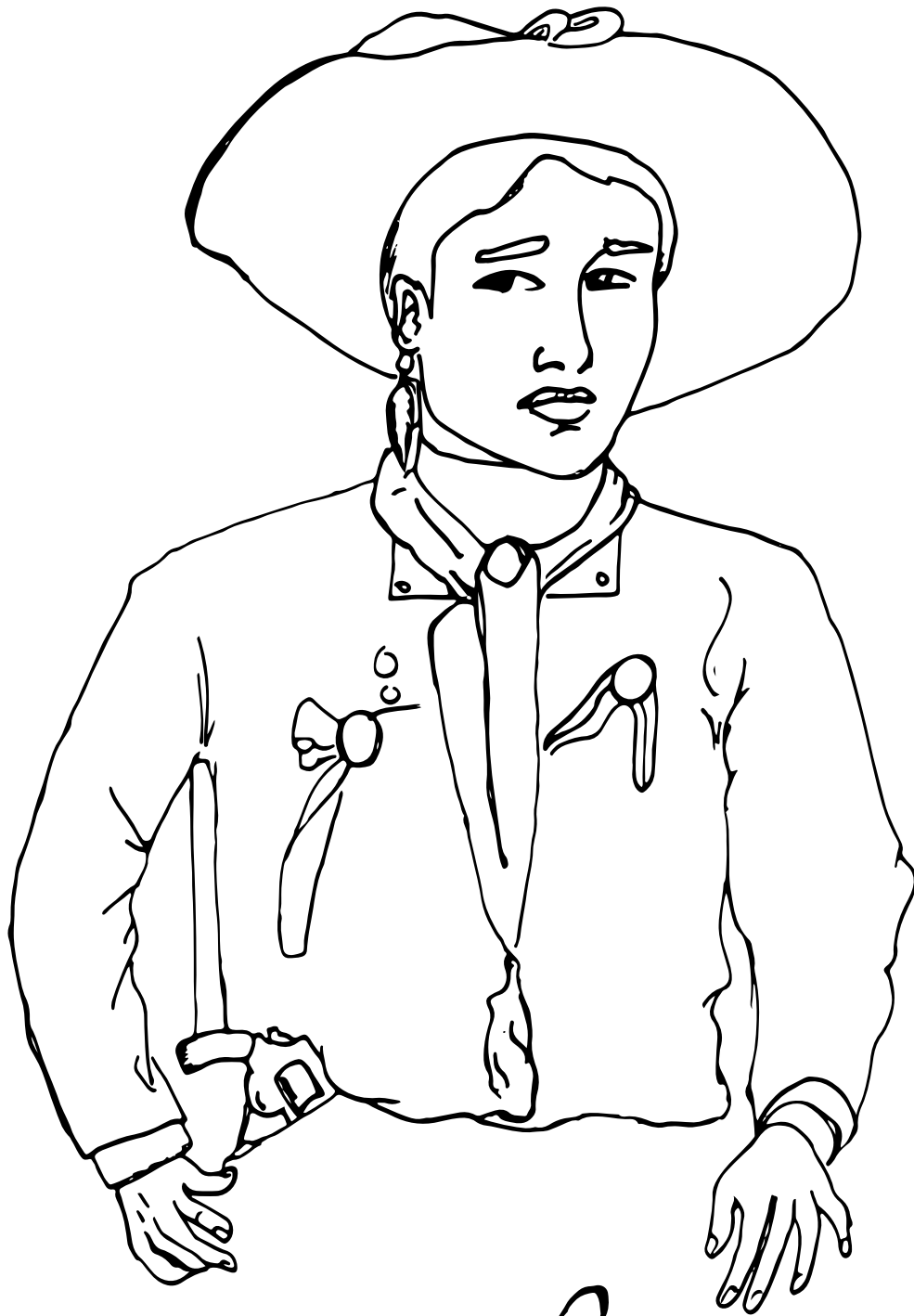


- Mexicana • Bisexual • Independent •
- Strong • Artistic • Creative •
- Passionate • Persistent •

Ruang Maitea Saioli



A Bissu High Priest from Indonesia. Bissu are gender nonconforming people seen as a connection between humans & gods. Their culture acknowledges five genders.



Las Adelitas

FEMALE FIGHTERS // SOLDADERAS
OF THE MEXICAN REVOLUTION*



XICANA PUNK ROCKER
FROM EAST LA SHE HAS
PLAYED WITH PUNK BANDS
DEFYING MALE DOMINATED
WORLD OF PUNK WITH HARDCORE FEM ATTITUDE!!!
XXX

AGE BOMB

THE GAY FLAG

①
②
③
④
⑤
⑥

THIS FLAG IS USED BY ALL THE MEMBERS
OF THE LGBTQ COMMUNITY.

EACH COLOR HAS ITS OWN MEANING:

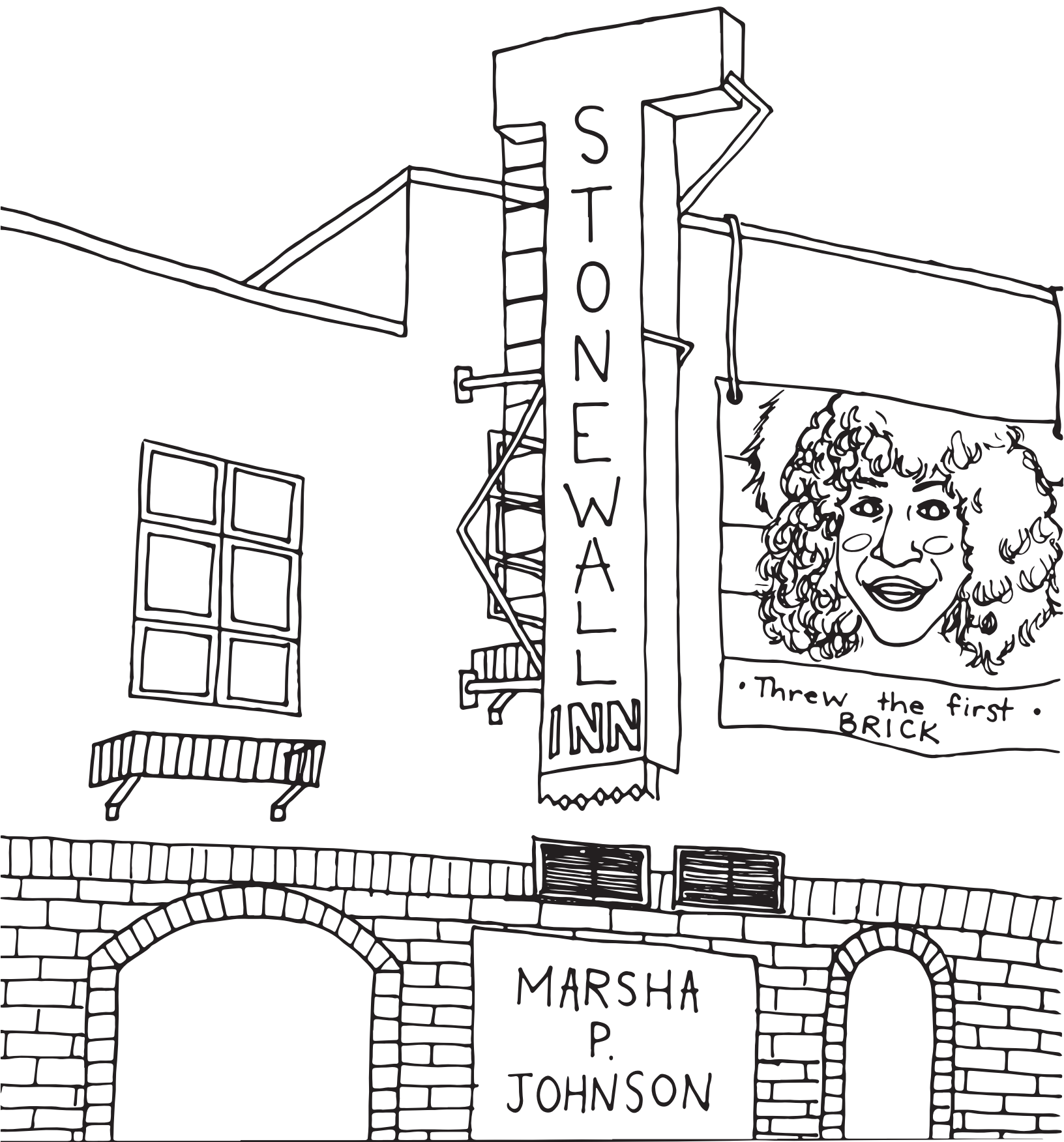
① RED: LIFE/SEXUALITY

② ORANGE: HEALING ③ YELLOW: SUNSHINE

④ GREEN: NATURE ⑤ BLUE: MAGIC

⑥ PURPLE: SERENITY/SPIRIT

"With a glass shattering break in 1969,
the LGBT+ revolution began in riots."



As a powerful woman emerging from darkness, Bamby Salcedo shines her light on various issues impacting the transgender community of color through the inspiring organization she has founded: TransLatina Coalition.



MAHU



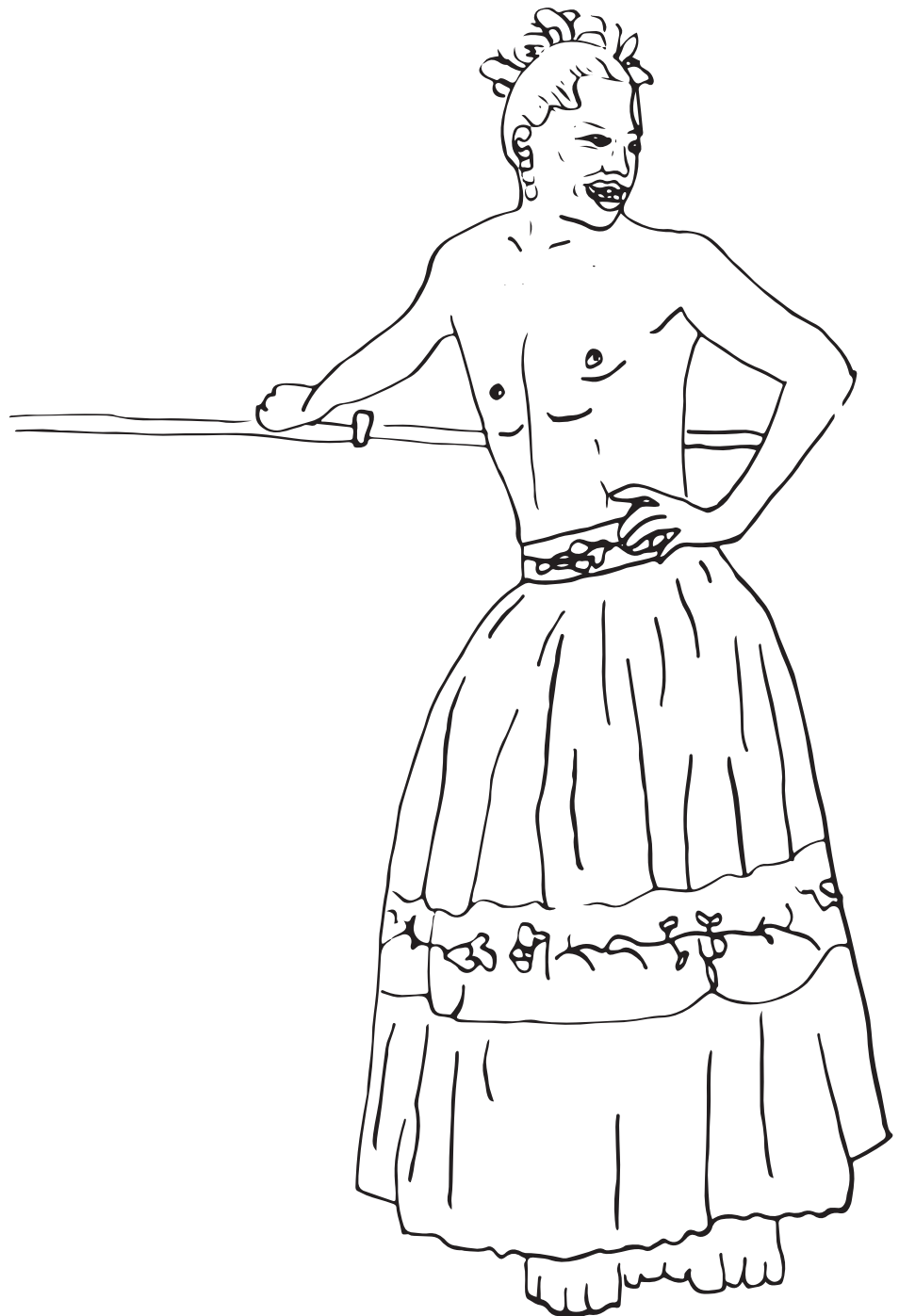
Those in Hawaiian culture with both male & female spirit. Seen as the 3rd gender, this is an expression of a 3rd self.

♡ fights
for ♡
Trans
Womyns
rights
♡



Producer

L A V E R N E
C O X



Mexican people born as male that do not identify as such. Zapotec cultures view this as the 3rd gender.

Emma Goldman



jewish writer & lecturer on
anarchist philosophy,
women's rights, &
social justice



Artist,
Activist,
Writer, &
Educator

GUILLERMO GÓMEZ-PEN~A

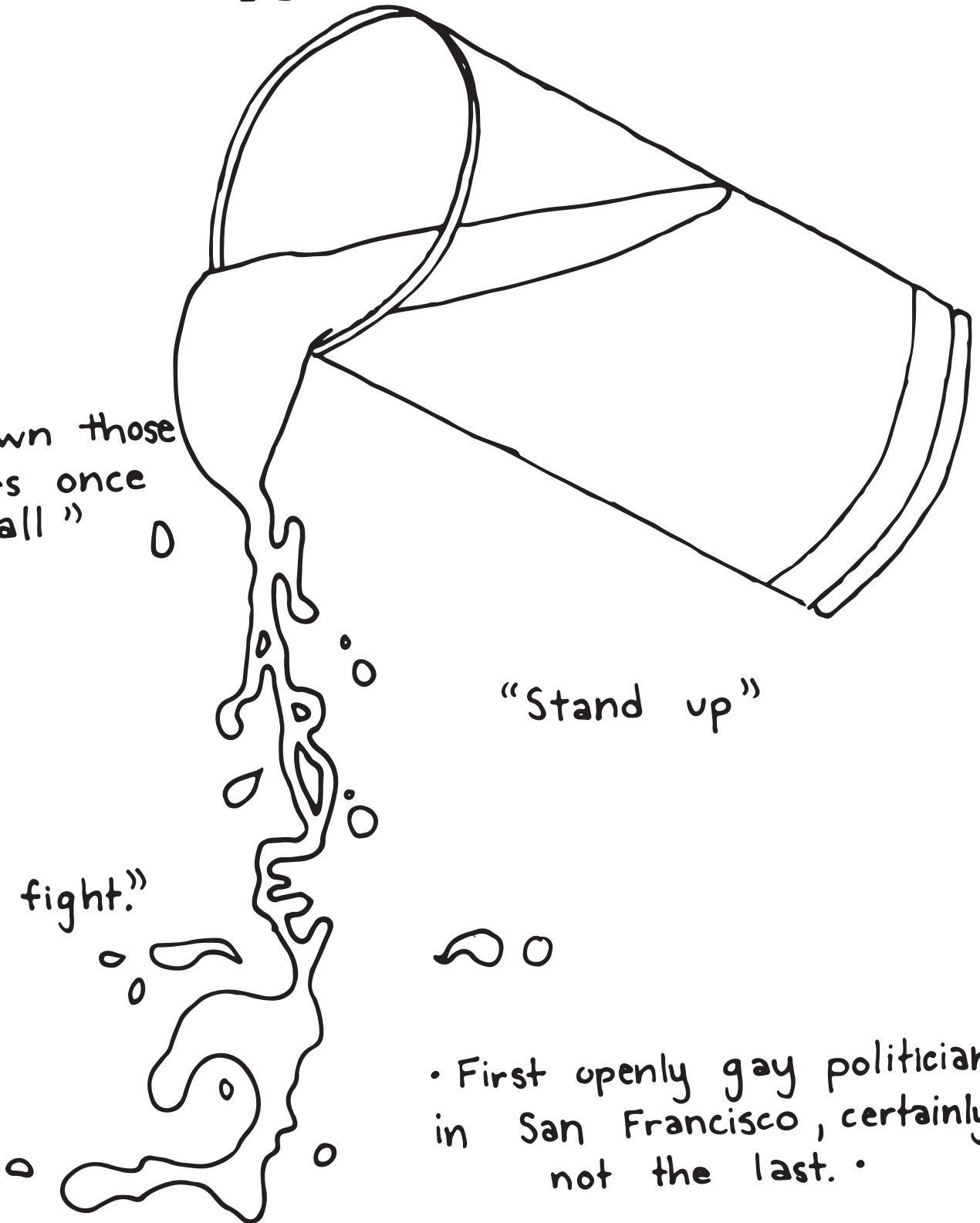
Harvey Milk

"Burst down those
closet doors once
and for all"

"Stand up"

"Start to fight."

• First openly gay politician
in San Francisco, certainly
not the last. •



PAINT BY NUMBER: FLAG EDITION!

①
②
③
②
①

TRANSGENDER FLAG

Used by female-to-male & male-to-female transgender people

②
④
⑤

PANSEXUAL FLAG

Used by those with possible attraction to people of any gender

②
⑥
⑤

BISEXUAL FLAG

Used by those with possible attraction to both men & women

- ① BABY BLUE
- ② PINK
- ③ WHITE
- ④ YELLOW
- ⑤ BLUE

- ⑥ PURPLE
 - ⑦ BLACK
 - ⑧ GRAY
 - ⑨ GREEN
 - ⑩ LIME GREEN
-

⑦
⑧
③
⑥

ASEXUAL FLAG

Used by those with
lack of or no sexual
attraction to anyone

⑥
③
⑨

GENDERQUEER FLAG

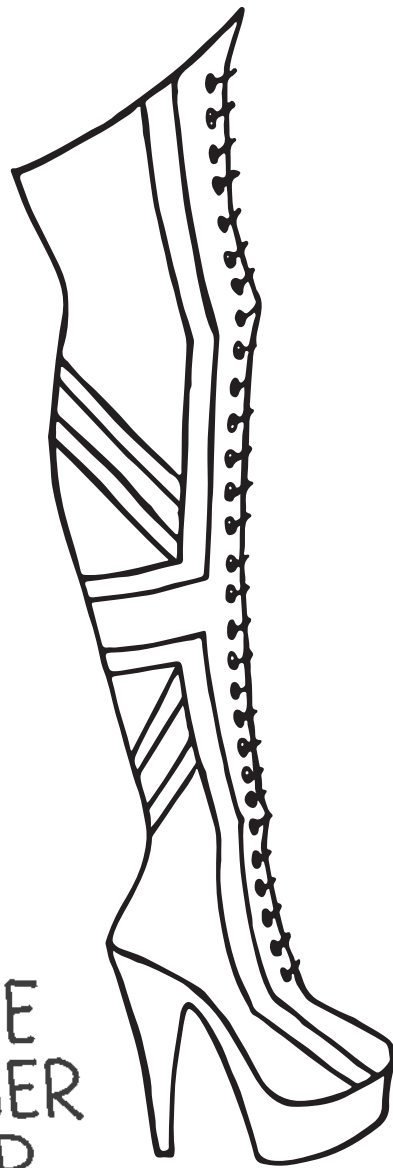
Used by those who
identify with a
gender outside the
social norm

②
⑩
⑤

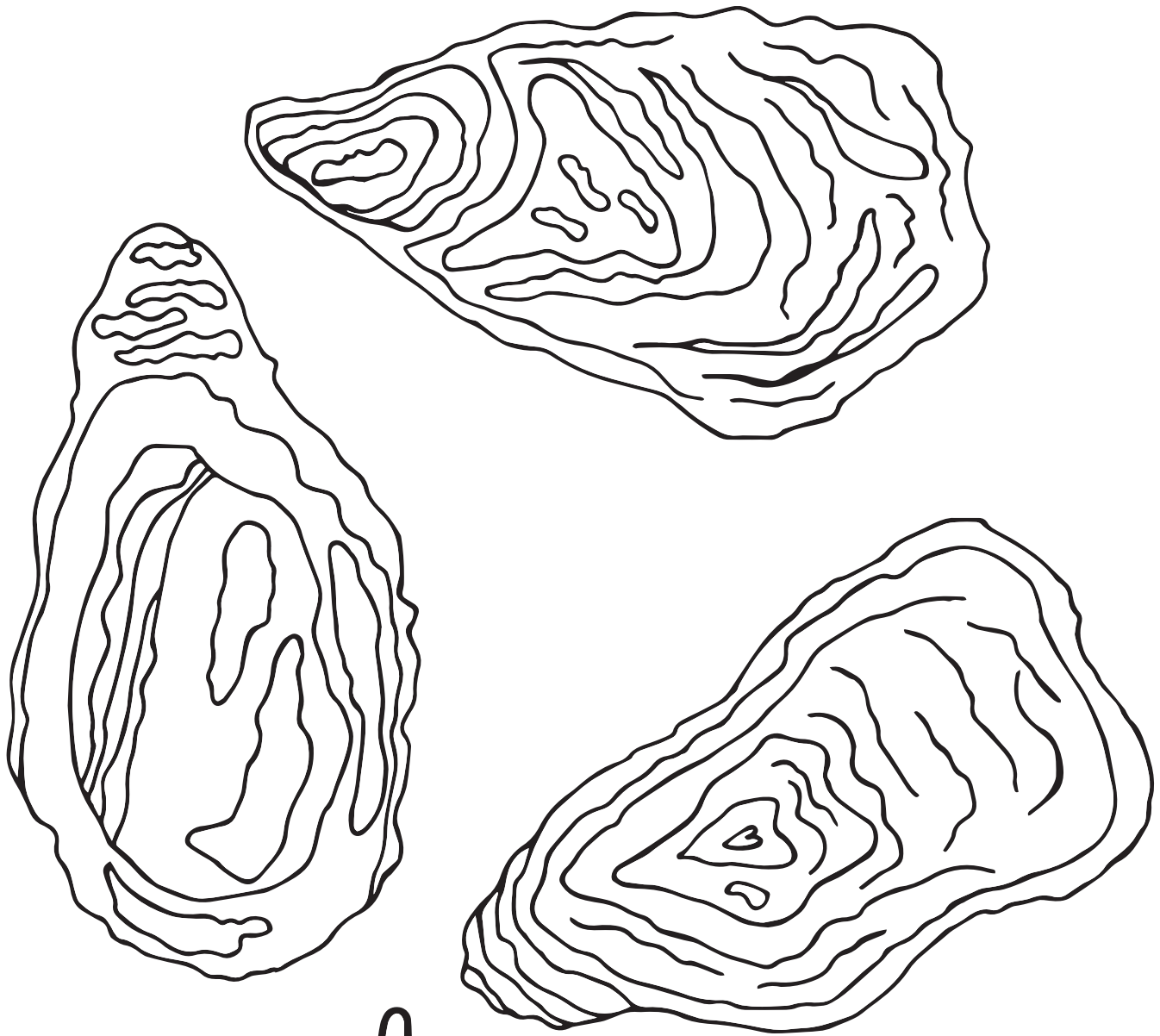
POLYSEXUAL FLAG

Used by those with
possible attraction
to people of multiple
genders

KINKY BOOTS



A MUSICAL
ABOUT A SHOE
FACTORY OWNER
WHO TEAMS UP
WITH A DRAG QUEEN TO
SAVE THE BUSINESS BY
MAKING STURDY HIGH-
HEELS FOR DRAG QUEENS



cysters

each one is both
male & female.

with rough
outsides & beautiful insides,
they embody strength & beauty.

MUXES

"In Oaxaca

One of the southernmost
states of Mexico,

the indigenous Zapotec
people have embraced

a third gender

within their

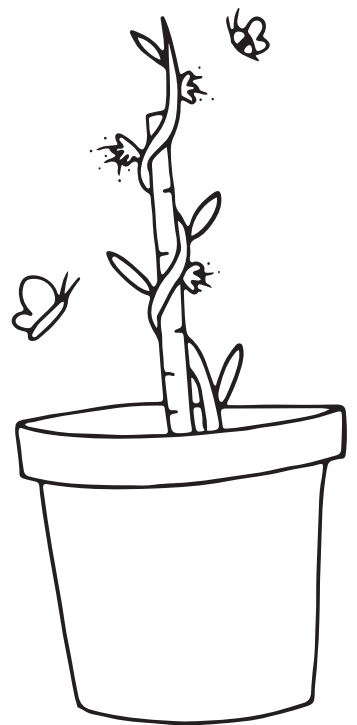
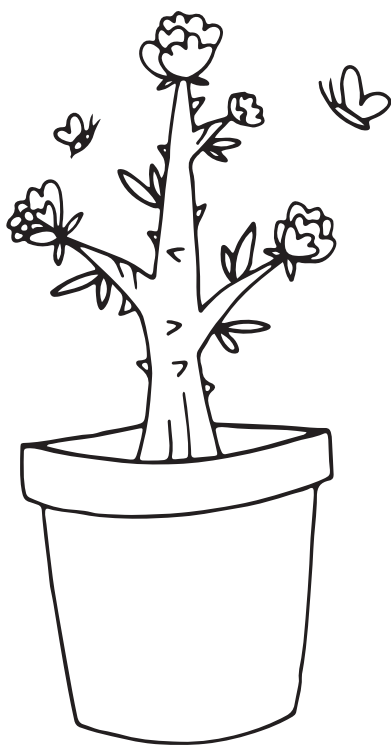
communities: the muxes.



"Intersex is a term for people born
with a body that's too cute to be
BINARY"



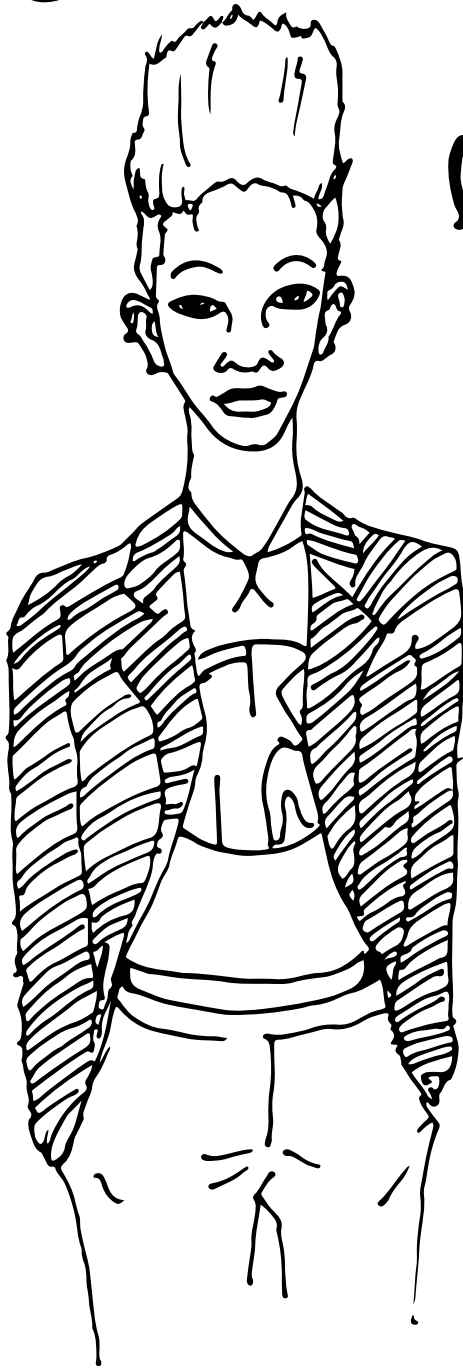
Plants are amazing in each and every way. They all have both male and female parts. Use the middle space to draw your own plant.



PLANTS

Willow

Smith



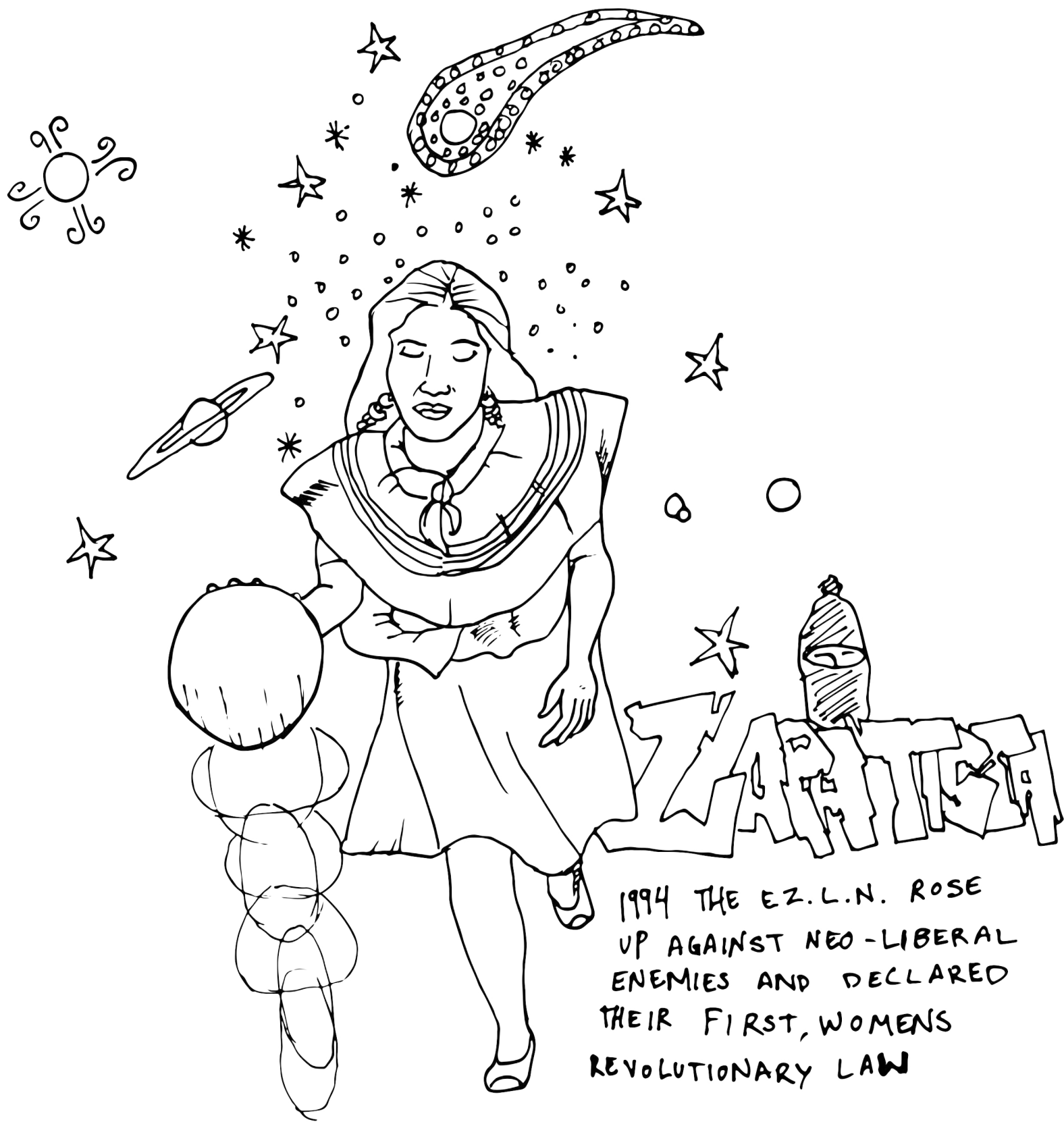
DANKER

AKTREZZ

GENDER
≈ FLUID ≈



Zuni Native American & two-spirit. She was born male, but performed both masculine & feminine duties.



1994 THE EZ.L.N. ROSE
UP AGAINST NEO-LIBERAL
ENEMIES AND DECLARED
THEIR FIRST, WOMENS
REVOLUTIONARY LAW

CHAVELA VARGAS

paloma
negra...

singer
song
writer

costa
rican

KNOWN FOR HER
MEXICAN RANCHERAS





painter

+

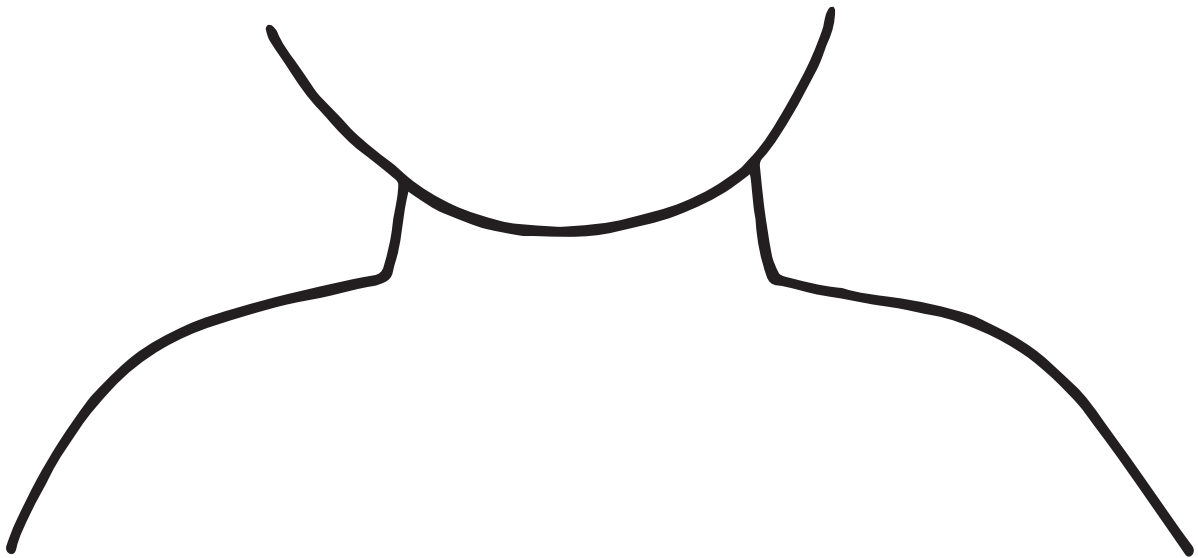
GENDER

BENDER

Frida

Kahlo

Draw Yourself



maybe you didn't find anyone who is like you. maybe we missed a few. whatever the case may be, use this page to add one more important person: yourself!

RESOURCES FOR REFERRALS

APAIT

<http://apaitonline.org/>

213-375-3830

3055 Wilshire Blvd, Suite 300

Los Angeles, CA 90010

Bienestar

<http://www.bienestar.org/>

323-727-7896

5326 E. Beverly Road

Los Angeles, CA 90022

Children's Hospital LA, Center for Trans Youth Health & Development

<https://www.chla.org/the-center-transyouth-health-and-development>

323-361-5372

5000 Sunset Blvd, 4th Floor

Los Angeles, CA 90027

Friends Community Center

<http://www.friendscommunitycenter.org/>

323-463-1601

1419 N La Brea Avenue

Los Angeles, CA 90028

LA LGBT Center

<https://lalgbtcenter.org/>

323-993-7400

1625 N. Schrader Blvd

Los Angeles, CA 90028

St. John's Well Child and Family Center

<http://www.wellchild.org/>

323-541-1411

808 W. 58th Street

Los Angeles, CA 90037

TransLatin@ Coalition

<https://www.translatinacoalition.org/>

memberservices@translatinacoalition.org

3055 Wilshire Blvd, Suite 350

Los Angeles, CA 90010



MELANIE ZALDIVAR

- SHE, HER, HERS
- BORN IN EAST LOS ANGELES BUT RAISED IN THE SAN FERNANDO
- WRITER
- 18
- ARIES
- BISEXUAL
- MEXICAN/SALVADORAN AMERICAN



CHARLIE MONTIEL

- HE, HIM, HIS
- PASADENA, CA
- CALLIGRAPHER
- 18
- SCORPIO
- MEXICAN AMERICAN



ROSA LINDA LEON

- SHE, HER, HERS
- LONG BEACH, CA
- ARTIST
- 18
- GEMINI
- BISEXUAL
- MEXICAN AMERICAN



TEZ DE LA TIERRA

- THEY OR NAME
- BOYLE HEIGHTS, LOS ANGELES, CA
- 34
- SAGI-CORN
- BORN AND RAISED IN EAST LA/ROOTS IN NORTHERN MEXICO/RARÁMURI AND JALISCO



DAMIEN MICHAEL SLOAN

- HE, HIM, HIS
- PACOIMA, CA
- ARTIST
- 18
- PISCES
- TRANSGENDER
- EUROPEAN



RÍO OXAS

- THEY, THEM, THEIRS OR NAME
- LOS ANGELES, CA
- 33
- CANCER
- ECHO PARK BORN X RAISED / GUATEMALA & EL SALVADOR



JAZMIN GARCIA

- SHE, HER, HERS
- RESEARCHER, WRITER
- 18
- AQUARIUS
- BISEXUAL
- MEXICAN AMERICAN



CHYNNA MONFORTE

- SHE, HER, HERS, THEY, THEM
- LOS ANGELES, CA
- 25
- VIRGO
- NI DE AQUÍ, NI DE ALLÁ

