



# GSA National Gathering

## July 25 to 28 - Albuquerque, NM

### Travel and Information Guide

[GSA Network](#) and the [Santa Fe Mountain Center](#) are thrilled to bring the 2019 National Gathering to Albuquerque, New Mexico! This year's program is happening at the University of New Mexico (UNM), along with an adventurous day-trip to The Mountain Center. Please read the following information carefully and contact LuzMarina Serrano, Associate Director, Partnerships, with any questions.

#### **Hydrating and Packing for New Mexico**

**It is extremely important to prepare your body for high desert altitudes in New Mexico. We encourage you to begin drinking 1-1.5 liters of water per day starting 2 weeks prior to your visit to help your body acclimate. Remember to stay hydrated during the gathering.**

Temperatures are generally in the mid-80s in July, with lows in the mid-50s. The high desert is typically a dry climate, but July is part of monsoon season and the weather can change during the day. We recommend that you bring layers and a raincoat (see packing list on page 2).

#### **Transportation (to, from, and at National Gathering)**

Flights to and from Albuquerque will be arranged by your sponsor organization. Please reach out to them for flight details. Once you arrive, [there are a number of ground transportation options](#) to get to UNM. Please consult your sponsor organization to determine the best option for you.

We will be walking between campus housing and meeting spaces. The campus is wheelchair accessible. GSA Network staff will also have transportation for those who have requested assistance. *Anyone needing assistance between meeting locations should speak with David Bracamontes upon check-in.*

We will be taking a day trip to The Mountain Center on Friday, July 26 and have arranged for a bus to take all participants to and from Tesuque. You will not need to make additional travel arrangements.

#### **Lodging**

We will be staying at the Redondo Village Apartments on the UNM campus (see campus map on page 3). All participants will share an apartment with a full kitchen, living space, and linens (4 participants per room). We will do our best to accommodate your needs, but cannot guarantee that all requests can be honored. Please note that all participants are required to follow UNM [campus housing rules and regulations](#).

#### **Check-in and Program**

You can check-in to National Gathering starting at 2pm on Thursday, July 25th at UNM's Redondo Village Apartments. You will receive the official program, your room assignment, and key upon arrival. Dinner service will begin at 4pm in La Posada Dining Hall and the National Gathering program will begin at 6pm. *A tentative program schedule will be added to this section as National Gathering approaches. Please save the link to this guide and check back frequently for the most up-to-date information.*



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### **Medical Needs and Support**

We understand it can be a challenge to stay focused on the conference while also taking care of yourself. That's why we want to lend a hand in supporting your wellness during National Gathering. Please communicate any medical needs with your sponsor organization before you travel to New Mexico so that we're prepared to support you on the ground. There will also be a point person at National Gathering who you can rely on for additional support. *More details on Medical Needs and Support at National Gathering will be made available as the date approaches. Please save the link to this guide and check back frequently to ensure that you get the most up-to-date information.*

### **Suggested Packing List:**

<b><u>What to Bring:</u></b>	<b><u>What NOT to Bring:</u></b>
<ul style="list-style-type: none"><li>• Clothes for 4 days and 3 Nights (*Wear what makes you feel like you.)</li><li>• CLOSED-TOE SHOES REQUIRED for ropes course</li><li>• Umbrella, raincoat, etc.</li><li>• Sleepwear is required.</li><li>• Toiletries including shampoo, soap, toothbrush, toothpaste, etc.</li><li>• Personal snacks (*GSA Network will be covering all meals—orgs may choose to take their groups out for dinner on Saturday night—but bring other food you may need to stay healthy.)</li><li>• Water bottle, sunscreen</li><li>• Necessary medications <b>FOR PERSONAL USE ONLY</b></li><li>• Notepad and something to write with</li><li>• If you want to perform in the talent show, bring clothes, accessories, or music you may need!</li></ul>	<ul style="list-style-type: none"><li>• Laptops/video games/hand-held electronics (*Exceptions will be made for those who absolutely need a laptop or electronic device for learning.)</li><li>• Picture frames/decorations/etc.</li><li>• Bedding and towels (*If you'd prefer to bring your own personal blanket, pillow, or towel, please wash them ahead of your trip if they have animal hair, pollens, etc.)</li><li>• No candles/lighters/fire of any kind</li><li>• <b>NO DRUGS OR ALCOHOL ALLOWED</b></li></ul>

\*For a detailed description of what is allowed on UNM campus housing, please refer to [campus rules and regulations](#).



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## Campus Map

