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## Spirit Day

Oct. 19, 2011 ? Jill

Spirit Day Tomorrow is [Spirit Day](#) <sup>[1]</sup> -- a day for you to show your support for LGBT youth simply by wearing purple! GSA Network and the [Make It Better Project](#) <sup>[2]</sup> are joining with GLAAD in asking you to wear purple tomorrow and take a public stand against the bullying of lesbian, gay, bisexual, and transgender youth.

You can also make your Facebook and Twitter profiles purple in honor of the day -- [check out GLAAD's website to learn how](#) <sup>[1]</sup>! And don't forget to send us pictures of you and your GSA wearing purple tomorrow, since we'll post them to the [Make It Better Facebook page](#) <sup>[3]</sup>! Just send your photos to [makeitbetter@gsanetwork.org](mailto:makeitbetter@gsanetwork.org) <sup>[4]</sup>.

Here's some background on the day from GLAAD:

Millions of Americans wear purple on Spirit Day as a sign of support for lesbian, gay, bisexual and transgender (LGBT) youth and to speak out against bullying. Spirit Day was started in 2010 by teenager Brittany McMillan as a response to the young people who had taken their own lives. Observed annually on October 20, individuals, schools, organizations, corporations, media professionals and celebrities wear purple, which symbolizes spirit on the rainbow flag. Getting involved is easy -- participants are asked to simply "go purple" on October 20 as we work to create a world in which LGBT teens are celebrated and accepted for who they are.

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**Source URL:** <https://gsanetwork.org/news/blog/spirit-day/10/19/11>

### Links

[1] <http://www.glaad.org/spiritday>

[2] <http://www.makeitbetterproject.org>

[3] <http://www.facebook.com/makeitbetterproject>

[4] <mailto:makeitbetter@gsanetwork.org?subject=Spirit%20Day>