



Workshop 1: Foundation of Gender Justice (1 hour)

<i>Section</i>	<i>Activities</i>	<i>Supplies Needed</i>
Introduction (5 minutes)	<ul style="list-style-type: none"> A. Briefly read through opening slides B. Ask large group, if your gender was a color what color would it be? After giving folks a moment to think, take responses from participants. 	Slide 4
Definitions (15 minutes)	<ul style="list-style-type: none"> A. Introduce the activity by sharing that we are going to ground ourselves in foundational knowledge about gender before we explore deeper. B. Have folks get into small groups or partner to match up the terms with their definitions. (10 minutes) C. As a large group, go through each word and ask the group to share what definition folks picked. Come to a consensus for each one. (5 minutes) 	Slide 5, Terms and definitions , printed and cut into squares
Deconstructing Gender (30 minutes)	<ul style="list-style-type: none"> A. Gender Roles and Heterosexism (5 minutes) <ul style="list-style-type: none"> a. Share definition of heterosexism. Share that we live in a heterosexist society that uses gender roles to upholds patriarchy. b. Ask large group, where do we see gender roles in society? Write down responses. <ul style="list-style-type: none"> i. Some examples to share if needed might be: 	Slides 6-8, Chart paper/white board

	<ol style="list-style-type: none"> 1. People should wear clothes that correspond to the gender they were assigned at birth 2. Hobbies/ extracurriculars <p>c. Pick three examples to focus on.</p> <p>B. Discussion (25 minutes)</p> <ol style="list-style-type: none"> a. Review slide with questions. <ol style="list-style-type: none"> i. How are the implied gender roles in this situation a social construct? ii. Why is this harmful? iii. How does this contribute to violence against TGNC people? b. Have participants split into small groups to review each example. Essentially, participants are answering the three questions for each example. (15 minutes) <ol style="list-style-type: none"> i. If it's helpful, set a timer to prompt groups to move to the next question. c. Going question by question, have each group share out some highlights from their discussion. (10 minutes) 	
<p>Closing Commitment (10 minutes)</p>	<p>A. Instruct each participant to reflect on what we've discussed today. Ask them to commit to 1 thing they'll do to put their allyship into action.</p> <ol style="list-style-type: none"> a. Reflect individually and write on a Post It. b. Share out with the large group. Have participants place their Post-It on the wall/chart paper. Keep this around, if you can! c. Some examples: <ol style="list-style-type: none"> i. Support movements and/or projects led by TGNC people ii. Trust TGNC leadership 	<p>Slide 9, Post-Its, chart paper (optional)</p>